

# Norma's House Dodgeball Tournament

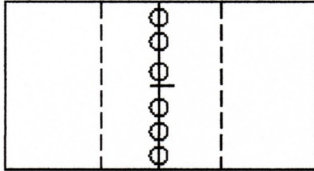
## Official Rules:

### **The Team**

Teams will be made up of 8 players. Six(6) players will compete on a side; others will be available as substitutes. Subs may enter the game only during timeouts or in case of injury. Each sub can only go in one time. Once a player is out, they are out for the rest of that game.

### **The Game**

The game will be played indoors. The playing field shall be a rectangle at least 50 ft long and at least 30 ft wide, divided into two (2) equal sections by a center-line and attack-lines 3m from, and parallel to the centerline.



IDEAL MEASUREMENTS: 60' x 30' – Identical to a volleyball court.

### **The Equipment**

The ball used in tournament play will be an 8.25" rubber playground ball ("kickball") or a 6" foam ball.

### **THE GAME**

The object of the game is to eliminate all opposing players by getting them "OUT". This may be done by:

1. Hitting an opposing player with a LIVE thrown ball.
2. Catching a LIVE ball thrown by your opponent before it touches the ground.

*Definition: LIVE: A ball that has been thrown and has not touched anything, including the floor/ground, another ball, another player, official or other item outside of the playing field (wall, ceiling, etc)*

### **BOUNDARIES**

During play, all players must remain within the boundary lines. Players may leave the boundaries through their end-line only to retrieve stray balls. They must also return through their end-line.

### **THE OPENING RUSH**

Game begins by placing the dodgeballs along the center line – three (3) on one side of the center hash and three (3) on the other. Players then take a position behind their end line. Following a signal by the official, teams may approach the centerline to retrieve the balls. This signal officially starts the contest. Once a ball is retrieved it must be taken behind the attack-line before it can be legally thrown.

### **TIMING AND WINNING A GAME**

The first team to legally eliminate all opposing players will be declared the winner. A 3-minute time limit has been established for each contest. If neither team has been eliminated at the end of the 3 minutes, the "suicide" begins, meaning that each team may cross the center line, but must remain inside the boundary lines.

### **TIME-OUTS & SUBSTITUTIONS**

Each team will be allowed one (1) 30 second timeout per game. At this time a team may substitute players into the game.

### **RULE ENFORCEMENT**

During pool play or regular-season matches, rules will be enforced primarily by the "honor system"\*. Players will be expected to rule whether or not a hit was legal or whether they were legally eliminated.

\*NOTE: During tournament play, all matches will be officiated by no less than three (3) officials, selected by Norma's House. These officials will rule on all legal hits, out-of-bounds and violations.

### **Code of Conduct**

1. Understand, appreciate and abide by the rules of the game.
2. Respect the integrity and judgment of game officials and Norma's House staff.
3. Respect your opponent and congratulate them in a courteous manner following each match whether in victory or defeat.
4. Be responsible for your actions and maintain self-control.
5. Do not taunt or bait opponents and refrain from using foul or abusive language.
6. Don't forget to *HAVE A TON OF FUN!!!!!!!!!!*